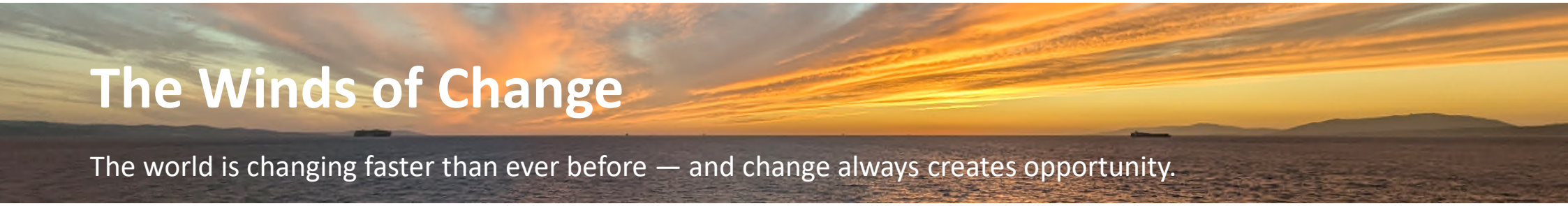
The Windows of Change

Learning to greet change as an opportunity for sucess





The Winds of Change

The world is changing faster than ever before — and change always creates opportunity.

01

Change is accelerating

Mankind’s entire knowledge has doubled in the last 50 years and will double again in the next 10–15. Every discovery creates new technology, and every new technology creates more change.

02

Change always creates opportunity

The only way to have something new, something more, something different is through change. Every shift in the world creates a gap — and in that gap is opportunity.

03

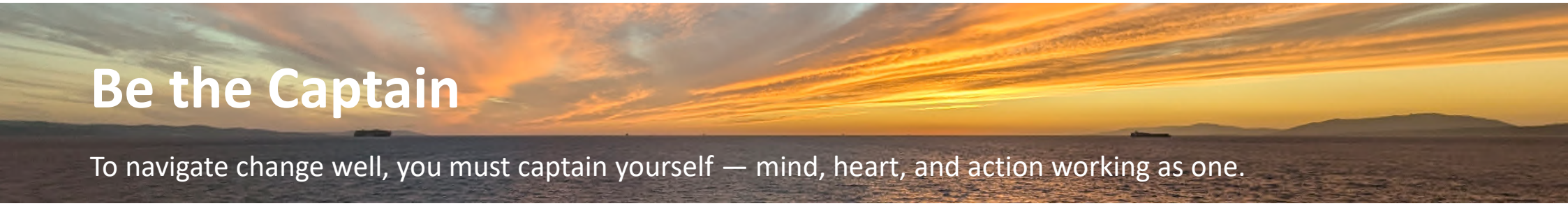
Fear of change blinds us to opportunity

Most people fear uncertain change. Fear acts like fog — the opportunity is still there, but we can’t see it.
Or we can see it, but we’re too afraid to take it.

04

The more change there is, the more opportunity there is

The key is not to stop change — you cannot. The key is to be so clear about where you’re going that you can spot and seize the opportunities that change creates.



Be the Captain

To navigate change well, you must captain yourself — mind, heart, and action working as one.

M

Mind — Belief

Hold a good belief about yourself and your desires. What you believe about your ability to navigate change determines whether you see opportunity or only threat.

H

Heart — Attitude

Empowered, winning attitudes give great energy to your daily actions. Your attitude is the compass that keeps you pointed toward your destination even in stormy weather.

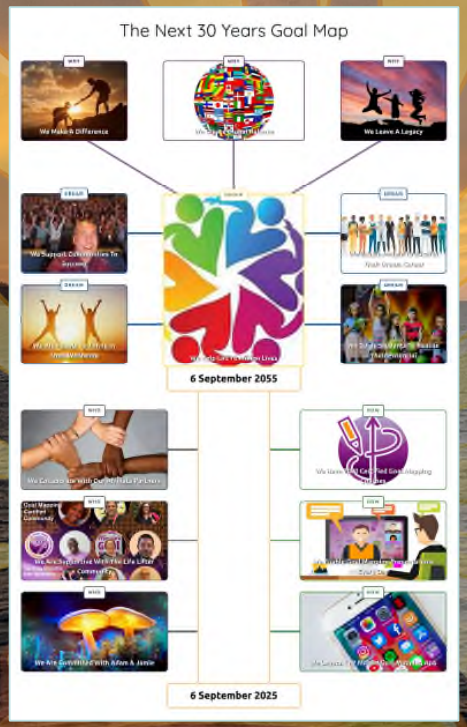
A

Action — Habits

Your physical responses, daily actions, and habits are the sails. When mind and heart are aligned, your actions become focused, consistent, and far more powerful.

When mind + heart + action work together, you can set a better sail in any wind — and find the opportunity hidden behind every difficulty.

Goals are our **beacons of light** to help us stay focused on while riding the winds of change



"I'm not afraid of storms, for I'm learning to sail my ship"

Aeschylus

YOUR REFLECTION — RIGHT NOW

Three questions. Write your first answer. Then keep coming back.

1

What is your heading — your goals?

Do you have clear goals for the next year, two years, three years? Are you truly clear about where you want to go?

2

What is the current set of your sail?

What is your mindset, your belief, your attitude right now? Is it positive or negative? Certain or unsure?

3

What does the set of your sail need to be?

Once you know your goal, you can ask: who will I need to be in my mindset, my attitudes, and my behaviour to achieve it?